

HomeTouch

is a weekly ministry of
Orange Coast Church



Pastor Ken Studer

Sunday, September 30, 2007

Scripture Reading: 1 Timothy 6:6-19

TODAY'S THOUGHT: *Some people grumble because roses have thorns; I am thankful that the thorns have roses.* —Alphonse Karr

Debbie Tenzer was tired of getting up Monday mornings feeling blue and unmotivated. She decided to do something about it. She believed that if she started her week doing one nice thing, it would make her feel better. So first thing Monday mornings, she'd send off a card, or make an encouraging phone call to someone, bake some cookies, and so on.

She discovered doing one nice thing at the beginning of the week really made a difference in how she approached the whole week. She became known as the "Do One Nice Thing Lady," started a Web site, and has appeared on radio stations all over the United States.

Doing one nice thing became habit forming. She became what she calls, a "nice-a-holic." Out of her efforts more than 5,000 handmade cards have cheered hospitalized children in Los Angeles, Oakland, Seattle, Memphis, Boston, St. Louis, Houston, New York, Miami, Detroit, Jerusalem and Rwanda. Hundreds of toys, games and art kits have been given to families living in homeless shelters. Thousands of e-mails, Girl Scout cookies and valentines have been sent to American service members. Hundreds of books have been given to schools, libraries and children's hospitals. Numerous people registered to become organ donors. Tens of thousands of cans of food, frozen turkeys, packages of pasta and other food items have been donated to food banks for Thanksgiving and throughout the year.

There are now "nice-a-holics" in over 30 countries around the world! What a great idea! This Monday might be a good time for us to start the habit. "Be Nice Mondays!"

Prayer: O God, of course You want us to be loving, kind and generous every day of the week! Help me to eliminate "Blue Mondays." Amen.

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